

KEEPING YOU INFORMED, EDUCATED AND CONNECTED VOL 4- ISSUE 8 August 2023



COMMUNITY UPDATE

Greetings RiverPark West!

Thank you to all who took time to join us for RiverPark West's Annual Meeting in July. Community leaders like Commissioner Dexter McCoy, members of the MUD 121 Board, Richmond Fire Department and Fort Bend County Sheriff's Office were also in attendance along with the communities wonderful POA Attorney, Margaret Maddox. They provided information about who they are and what they do within the community and members in attendance posed questions and raised issues they experience living in RiverPark West.

We also presented and discussed the designs for the Recreation Center Refresh project and discussed the delays we experienced with Centerpoint and permitting. We are on schedule to break ground after the 2023 swim season to cause as little disruption as possible.

Plans include a waterslide, rock climbing wall, zero entry, removable basketball goal and volleyball net, cabanas, an upgraded seating area with tables and chairs, an expanded pool deck and a covered baby pool with new water features which will be funded by the POA.

The remaining areas within the Recreation Center will be funded by the MUD and will include a new playground equipment, shade structures, a splash pad, outdoor workout equipment, dog park, extended parking lot, fire pit and covered stadium seating at the field. The PDF files containing the design elements and layout will be posted on www.riverparkwestonline.org under "Resources/Pool & Clubhouse Documents"

The Fall Community Garage Sale is tentatively scheduled for the first Saturday in October. Please keep an eye out for the post calling for homes to be included in the garage sale map which will be posted to various garage sale sites in addition to paper copies being available at the Recreation Center the day of the sale.

National Night Out will be held this October and we are still looking for section hosts! If you would like to host for your section, the Association will assist with providing food/drinks. If you are interested in volunteering to assist with community events, please contact rpwcoordinator@gmail.com with your availability.

Please make sure you are signed up on www.riverparkwestonline.org and have notifications turned ON so you don't miss any important announcements or events for the community. Additionally, please ensure you are registered with Crest at www.Crest-Management.com to receive account notifications and meeting announcements.

As always, thank you to all the wonderful neighbors who make RiverPark West the best place to call home.

RESIDENT CORNER

MANAGEMENT COMPANY Crest Management - 281-579-0761 www.crest-management.com

Community Manager - Melanee 281-945-4677 Contact for maintenance items, contractor issues and Board requests. MelaneeB@crest-management.com

Assistant Manager - Beth 281-945-4633 Contact for architectural control matters and deed restriction violations bethr@crest-management.com

Community Accountant-Cheryl 281-945-4652 Contact for payment and accounting matters. Cheryl@crest-management.com

> ONSITE & EVENTS COORDINATOR Dee Norman Email: rpwcoordinator@gmail.com 346-380-9743

COMMUNITY WEBSITES www.facebook.com/RiverParkWest www.riverparkwestonline.org www.fbcmud121.org

Richmond Post Office - Have mail concerns or need to obtain a mailbox key? Visit the Post Office in person at 5560 FM 1640 RD 77469, Richmond Texas with a copy of proof of ownership documents or lease agreement Mon-Fri 9 AM-5 PM, Sat 9 AM-12 PM, Sun Closed

Informed Delivery - This feature sends a daily picture of all the mail for the owner's address to a registered email address before the carrier touches it. Click Track and Manage, Informed Delivery, Check for Eligibility. Visit USPS.com. BOARD INFORMATION Armando DeHoyos - President Larry Wilson - Vice President Jorge Diaz - Secretary/Treasurer

Board Meetings are held the 3rd Monday of every month being open to the public for all homeowners at 7:00 PM. Confirmed meeting dates are notified 72 hours in advance on the official community website and sent via email to registered emails.

Please be sure to register your email to stay informed. Trash Collection & Heavy Pick-Up days are Mondays & Thursdays (Recycling & heavy trash on Monday) - Residents can contact

WCA directly for payment and trash container request by phone 281-368-8397 or by email riverparkwest@wcamerica.com.

Street parking complaints can be reported directly to Fortbend

County Sheriff Dept. 281-341-4665 press #4 for Dispatch or from

the web site. Click on 'Report a Traffic Complaint' and fill in the

blanks then submit at www.fortbendcountytx.gov.

CenterPoint Energy maintains street lights throughout the community. Please use the form online to report a street light outage. If you need to report a power outage please call 713-207-2222.

To report street repairs in the community, please submit a maintenance request form online or contact the Fort Bend County Road & Bridge division at 281-342-4513. www.fortbendcountytx.gov/government/departments-oz/road-and-bridge/maintenance-request

To report street & drainage concerns, questions about your water bill dousage, contact (ity of Richmond 281 342, 545)

For wher billing questions, to report a water problem, pay tax bill, report street light outages, contact rort Bend Court MOD 121, which formuli 21 org.

Back-to-School Tips

Before it's time to head back to school, follow these tips to help ensure your kids have a safe, happy and productive year.

Traveling to & from school

Review the basic rules with your student and practice any new routes or modes of transportation:

School bus

- Children should always board and exit the bus at locations that provide safe access to the bus or to the school building.
- Remind your child to wait for the bus to stop before approaching it from the curb.
- Make sure your child walks where she can see the bus driver (which means the driver will be able to see them, too).
- Remind your student to look both ways to see that no other traffic is coming before crossing the street, just in case somebody does not stop as required. Encourage your child to actually practice how to cross the street several times before the first day of school.
- If the school bus has lap/shoulder seat belts, make sure your child uses one at all times when in the bus. (If your child's school bus does not have lap/shoulder belts, encourage the school system to buy or lease buses with lap/shoulder belts). See <u>Where We Stand: Safety Restraints on the</u> <u>School Bus</u> for more information. Your child should not move around on the bus.
- Check on the school's policy regarding food on the bus. Eating on the bus can present a problem for students with allergy and also lead to infestations of insects and vermin on the vehicles.
- If your child has a chronic condition that could result in an <u>emergency</u> on the bus, make sure you work with the school nurse or other school health personnel to have a bus emergency plan. If possible, do this before the first day of class.

Car

- All passengers should wear a seat belt or use an age- and sizeappropriate <u>car seat</u> or <u>booster seat</u>.
- Keep your child riding in a car seat with a harness as long as possible and then ride in a belt-positioning booster seat. Your child is ready for a booster seat when they have reached the top weight or height allowed for their seat, their shoulders are above the top harness slots, or her ears have reached the top of the seat.
- Your child should ride in a belt-positioning booster seat until the vehicle's seat belt fits properly (usually when the child reaches about 4' 9" in height and is between 8 to 12 years of age). This means that your child is tall enough to sit against the vehicle seat back with their legs bent at the knees and feet hanging down and the shoulder belt lies across the middle of the chest and shoulder, not the neck or throat; the lap belt is low and snug across the thighs, not the stomach.
- All children younger than 13 years of age should ride in the rear seat of vehicles. If you must drive more children than can fit in the rear seat (when <u>carpooling</u>, for example), move the front-seat passenger's seat as far back as possible and have the child ride in a booster seat if the seat belts do not fit properly without it.



Make the first day of school easier

- Remember that you don't need to wait until the first day of class to ask for help. Schools are open to address any concerns a parent or child might have, including the specific needs of a child, over the summer. The best time to get help might be one to two weeks before school opens.
- Take them to visit the new school or classroom before the <u>first day of</u> <u>school</u>. Many children get <u>nervous</u> about new situations, including changing to a new school, classroom or teacher. It can be helpful to rehearse heading into the new situation.
- Remind your child that teachers know that students may be nervous about the first day of school; they will make an extra effort to make sure everyone feels as comfortable as possible. If your child seems nervous, ask them what they are worried about and help them problem-solve ways to master the new situation.
- Point out the positive aspects of starting school to help your kids look forward to the first day of class. Talk about how they will see old friends and meet new ones, for example.
- Find another child in the neighborhood you child can <u>walk to school</u> or ride with on the bus.
- If it is a new school for your child, attend any available orientations and take an opportunity to tour the school before the first day. Bring your child to school a few days prior to class to play on the <u>playground</u> and get comfortable in the new environment.
- If you feel it is needed, drive your child (or walk with them) to school and pick them up on the first day. Get there early on the first day to cut down on unnecessary stress.
- Consider starting your child on their school <u>sleep</u>/wake schedule a week or so ahead of time so that time change is not a factor on their first couple of days at school.

Backpack safety

- Choose a <u>backpack</u> with wide, padded shoulder straps and a padded back.
- Organize your child's backpack to use all of its compartments. Pack heavier items closest to the center of the back. The backpack should never weigh more than 10% to 20% of your child's body weight. Go through the pack with your child weekly, and remove unneeded items to keep it light.
- Remind your child to always use both shoulder straps. Slinging a backpack over one shoulder can strain muscles.
- Adjust the pack so that the bottom sits at your child's waist.
- If your school allows, consider a rolling backpack. This type of backpack may be a good choice for students who must tote a heavy load. Remember that rolling backpacks still must be carried up stairs, they may be difficult to roll in snow, and they may not fit in some lockers. And review backpack safety with your child.

Back-to-School Tips cont'd

Bike

- Practice the bike route to school before the first day of school to make sure your child can manage it.
- Always wear a <u>bicycle helmet</u>, no matter how short or long the ride.
- Ride on the right, in the same direction as auto traffic and ride in bike lanes if they are present.
- Use appropriate hand signals.
- Respect traffic lights and stop signs.
- Wear bright-colored clothing to increase visibility. White or lightcolored clothing and reflective gear is especially important after dark.
- Know the "rules of the road."

Walking to school

- Children are generally ready to start <u>walking to school</u> at 9 to 11 years of age.
- Make sure your child's walk to school is a safe route with well-trained adult crossing guards at every intersection.
- Identify other children in the neighborhood with whom your child can walk to school. In neighborhoods with higher levels of traffic, consider organizing a "walking school bus," in which an adult accompanies a group of neighborhood children walking to school.
- Be realistic about your child's pedestrian skills. Because small children are impulsive and less cautious around traffic, carefully consider whether or not your child is ready to walk to school without adult supervision. If the route home requires crossing busier streets than your child can reasonably do safely, have an adult, older friend or sibling escort them home.
- If your children are young or are walking to a new school, walk with them or have another adult walk with them the first week or until you are sure they know the route and can do it safely. If your child will need to cross a street on the way to school, practice safe street crossing with them before the start of school.
- Bright-colored clothing or a visibility device, like a vest or armband with reflectors, will make your child more visible to drivers.

Eating during the school day

- Studies show that children who eat a nutritious <u>breakfast</u> function better. They do better in school, and have better concentration and more energy. Some schools provide breakfast for children; if yours does not, make sure they eat a breakfast that contains some <u>protein</u>.
- Most schools regularly send schedules of cafeteria menus home and/or have them posted on the school's website. With this advance information, you can plan on packing lunch on the days when the main course is one your child prefers not to eat.
- Many children qualify for free or reduced price food at school, including breakfast. The forms for these services can be completed at the school office. Hunger will affect a child's performance in class.
- Many school districts have plans which allow you to pay for meals through an online account. Your child will get a card to "swipe" at the register. This is a convenient way to handle school meal accounts.
- Look into what is offered inside and outside of the cafeteria, including vending machines, a la carte, school stores, snack carts and fundraisers held during the school day. They should stock healthy choices such as fresh fruit, low-fat dairy products and water. Learn about your child's school wellness policy and get involved in school groups to put it into effect. Also, consider nutrition if you child will be bringing food to eat during school.
- Each 12-ounce soft drink contains approximately 10 teaspoons of sugar and 150 calories. Drinking just one can of soda a day increases a child's risk of obesity by 60%. Choose healthier options (such as water and low-fat dairy products) to send in your child's lunch.

Bullying

- <u>Bullying or cyberbullying</u> is when one child picks on another child repeatedly. Bullying can be physical, verbal, or social. It can happen at school, on the playground, on the school bus, in the neighborhood, over the Internet, or through mobile devices like cell phones.
- When your child is bullied
- Alert school officials to the problems and work with them on solutions.
- Teach your child to be comfortable with when and how to ask a trusted adult for help. Ask them to identify who they can ask for help.
- Recognize the serious nature of bullying and acknowledge your child's feelings about being bullied.
- Help your child learn how to respond by teaching your child how to:
- 1. Look the bully in the eye.
- 2. Stand tall and stay calm in a difficult situation.
- 3. Walk away.
- Teach your child how to say in a firm voice.
- 1. "I don't like what you are doing."
- 2. "Please do NOT talk to me like that."
- Encourage your child to make friends with other children.
- Support outside activities that interest your child.
- Make sure an adult who knows about the bullying can watch out for your child's safety and well-being when you cannot be there.
- Monitor your child's social media or texting interactions so you can identify problems before they get out of hand.
- When your child is the bully
- Be sure your child knows that <u>bullying is never OK</u>.
- Set firm and consistent limits on your child's aggressive behavior.
- Help your child learn empathy for other children by asking them to consider how the other child feels about they way your child treated them. Ask your child how they would feel if someone bullied them.
- Be a positive role mode. Show children they can get what they want without teasing, threatening or hurting someone.
- Use effective, non-physical discipline, such as loss of privileges.
- Focus on praising your child when they behave in positive ways such as helping or being kind to other children as opposed to bullying them.
- Develop practical solutions with the school principal, teachers, school social workers or psychologists, and parents of the children your child has bullied.
- When your child is a bystander to bullying
- Encourage your child to tell a trusted adult about the bullying. Encourage your child to join with others in telling bullies to stop.
- Help your child support other children who may be bullied. Encourage your child to include these children in activities.



Miso & Soy Steak with Roasted Fall Vegetables

Ingredients:

1 Ribeye Steak 2 Scallions 1 bunch Kale 2 Tbsps Butter 1 Tbsp Rice Vinegar 1 Tbsp Soy Glaze 1 Tbsp Sweet White Miso Paste 1 tsp Furikake 1 Sweet Potato 1 Turnip

Prepare & roast the vegetables:

Place an oven rack in the center of the oven, then preheat to 425°F. Wash and dry the fresh produce. Medium dice the sweet potato. Peel and medium dice the turnip. Place on a sheet pan. Drizzle with olive oil and season with salt and pepper; toss to coat. Arrange in an even layer. Roast, stirring halfway through, 24 to 26 minutes, or until browned and tender when pierced with a fork. Remove from the oven.

Prepare the remaining ingredients & start the sauce: While the vegetables roast, cut off and discard the root ends of the scallions; thinly slice on an angle, separating the white bottoms and green tops. Remove and discard the kale stems; roughly chop the leaves. In a bowl, whisk together the miso paste, soy glaze, and 1/4 cup of water until smooth.

Cook the kale:

While the vegetables continue to roast, in a medium pan, heat 2 teaspoons of olive oil on medium-high until hot. Add the sliced white bottoms of the scallions and chopped kale; season with salt and pepper. Cook, stirring occasionally, 2 to 3 minutes, or until the kale is slightly wilted. Add 1/4 cup of water; season with salt and pepper. Cook, stirring occasionally, 1 to 2 minutes, or until the kale has wilted and the water has cooked off. Turn off the heat. Stir in the vinegar; season with salt and pepper to taste. Transfer to a large bowl and set aside in a warm place. Rinse and wipe out the pan.

Cook the steak:

While the vegetables continue to roast, in a medium pan, heat 2 teaspoons of olive oil on medium-high until hot. Add the **sliced white bottoms of the scallions** and **chopped kale**; season with salt and pepper. Cook, stirring occasionally, 2 to 3 minutes, or until the kale is slightly wilted. Add 1/4 **cup of**

water; season with salt and pepper. Cook, stirring occasionally, 1 to 2 minutes, or until the kale has wilted and the water has cooked off. Turn off the heat. Stir in the

vinegar; season with salt and pepper to taste. Transfer to a large bowl and set aside in a warm place. Rinse and wipe out the pan.



Finish the sauce:

While the steak rests, add the sauce to the pan of reserved fond. Cook on mediumhigh, stirring constantly and scraping up any fond, 30 seconds to 1 minute, or until slightly thickened. Turn off the heat. Stir in the butter until melted.

Finish & serve your dish:

Transfer the roasted vegetables to the bowl of cooked kale. Toss to combine; season with salt and pepper to taste. Find the lines of muscle (or grain) on the rested steak; thinly slice crosswise against the grain. Serve the sliced steak with the finished sauce and finished vegetables. Garnish with the sliced green tops of the scallions. Garnish the vegetables with the furikake. Enjoy!

Events Around TOWN August

NOLA NIGHTS FT. ZYDECO DOTS

15958 CITY WALK SUGAR LAND, TX 77479 DATES: AUGUST 19, 2023 LOCATION: SUGAR LAND TOWN SQUARE TIME: 8:00 PM TO 10:00 PM PRICE: FREE





N.O.L.A NIGHTS FT: ZYDECO DOTS

Friday, August 25 7:30 PM - 9:30 PM

ARCANGEL: JUST IN TIME WORLD TOUR

18111 LEXINGTON BLVD SUGAR LAND, TX 77479 DATES: AUGUST 31, 2023 LOCATION: SMART FINANCIAL CENTRE AT SUGAR LAND



SMART FINANCIAL EVENTS

Aug 3- Kenny Loggins Aug 4- Banda MS Aug 9- Daryl Hall and The Daryl's House Band Aug 10- Peso Pluma- Second Show Aug 18- Ruben Blades Aug 19- Counting Crows Aug 24- Grupo Frontera Aug 25- Kidz Bop Aug 26- Fuerza Regida Aug 27- Fuerza Regida- Second Show Aug 31- Arcangel

Sept 1- Matute Sept 2- One Vision of Queen Ft. Marc Martel Sept 2- Anthony Hamilton and Friends Sept 8- Sin Bandera Sept 13- Paulina Rubio Sept 15- Spider-Man Into The Spiderverse Sept 16- Dwight Yoakam Sept 20- Chicago Sept 22- Los Fabulosos Cadillacs Sept 23- 3 Doors Down

Date Night Cinema

15958 City Walk Sugar Land, TX 77479 Dates: August 19, 2023 Location: <u>Sugar Land Town Square</u> Time: 8:00 PM to 10:00 PM Price: Free



NEED TO RESERVE THE CLUBHOUSE?

To make a reservation for the clubhouse, please visit www.riverparkwestonline.org and click on Reservations. For questions, contact your Community Coordinator, Dee Norman at 346-380-9743 or via email - rpwcoordinator@gmail.com

You are required to read the Clubhouse Rules & Rental Contract. Dates are first come/first served. The rental rules and contract must be completed and submitted to the clubhouse office to receive approval along with payment of \$50 for the rental fee and the \$275 security deposit which is refundable. (Please submit two separate checks) Make sure you have your pool access card as the card will be your key for the clubhouse.

To reserve a time slot please submit your name, property address, date/time of rental (please include set up time and clean up time), last 5 digits of your access card and event type. Maximum reserve time is 10 hours.

Your HOA account must be paid current for your reservation to be approved.

RiverPark West Community events that require the usage of the clubhouse will take precedence over any individual reservations. These events are on the Reservation Calendar and the Community Events Calendar.



Residents of Riverpark West POA

Your community has launched a Nabr Network mobile app and website for your community! Please check your email for a welcome email with login credentials.

Get important HOA information and connect with your association:

- Receive notifications, messages and reminders from your HOA and HOA management company
- Find HOA documents, forms and events information
- Find contact information for the HOA management company

There are multiple ways to access the website and app:

- Follow the link in the welcome email or go to riverparkwest.nabrnetwork.com
- Text "nabr" to 59248 and receive a text back with an app
- download link Search for the mobile app "Nabr Network" in

Apple or Google Play store

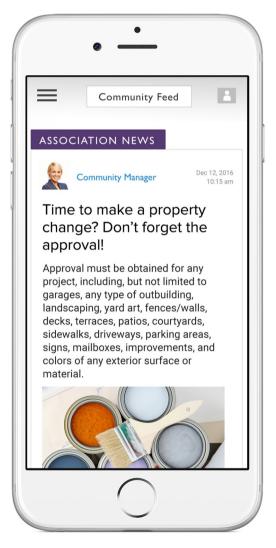
If you do not receive a welcome email, use the "Not Registered" link and

follow the instructions. If you are a new resident to the community, it August

take a few days for the management company to confirm your residency. An

email notification with login credentials will be sent to you once you are authorized. If you have any issues or need login support, please contact Nabr

Network support (support@nabrnetwork.net).





Message & data rates August apply. Text STOP to opt out or HELP for help. Privacy Policy (https://nabrnetwork.com/privacypolicy.php). Terms of Use (https://nabrnetwork.com/termsofuse.php).

This website and app is operated and supported by Nabr Network and the Nabr Network software platform. For more information or technical support, contact Nabr Network at support@nabrnetwork.net

